

**Potential-Check-Up**  
**Personal Assessment**  
**for sustaining, efficient**  
**Human Resource Development**  
**according to Prof. Dr. Kuhl**

**Conducted by**  
**SinghCoaching**  
**(certified Coach)**

- Do you know your/ your team's potential?
- Where are hidden high potentials?
- How we can (out)reach our potential?
- What kind of assessments are useful ?
- How do I spend my HR-budget effectively ?



Sanjiv Singh  
Coach

Potential analyses  
Intercultural Coaching  
Management Coaching

Dear interested person,

as certified coach with years of management experience, I like to introduce to you a personality assessment which is very matured and was developed by Prof. Dr. Kuhl, Germany, University of Osnabrück.

Common Personal Assessments are only assessing the primary response of a person. This is the personality style, which is very stable. Therefore these tests do not evaluate training effects, because the primary response doesn't change.

But not the primary response is important for competence-development, but the secondary response. The secondary responses are self-management competences, which can be developed through a whole life. Self-management competences contain self- motivation-skills, self-regulatory-skills, self-access and more.

The TOP Tests (Training oriented Personality Assessment) include these secondary responses in their assessment.

TOP Tests provide you as decision maker or just as an employee with the objective expert opinion you are looking for.

Kind regards

Sanjiv Singh

## Why Potential-Check-Up is crucial

- You want a targeted training
- You want excel in specific skills
- You need an efficient (international) personality assessment
- You want to train your managers for special challenges / crisis situations

Implementing effective training especially in high dynamic environments is very challenging Further on the cost-benefit ratio of the trainings has to be regarded. The Potential-Check-Up combines utmost individual coaching right to the clients' potential profile with a high cost-benefit-ratio.

The Potential-Check-Up provides an objective assessment of the clients' current self-management-competences and his personality. The Potential-Check-Up consists of TOP Test plus other methods. It enables the client to improve his skills according to his potential profile.

Potential-Check-Up is an Online test. Therefore it can be conducted round the world easily. The core evaluation is done in Osnabrück and is delivered and explained by our personal consultant and an on site coach.

A study states that most people do not reach their potentials- especially in challenging situations.

You can alter that now!

***"We have the choice to shape our lives. Someone who has a trained ability of introspection, even can self-monitor subconscious behaviours, is aware of his public perception and can alter his life and reach or even outreach his goals."***

Sanjiv Singh

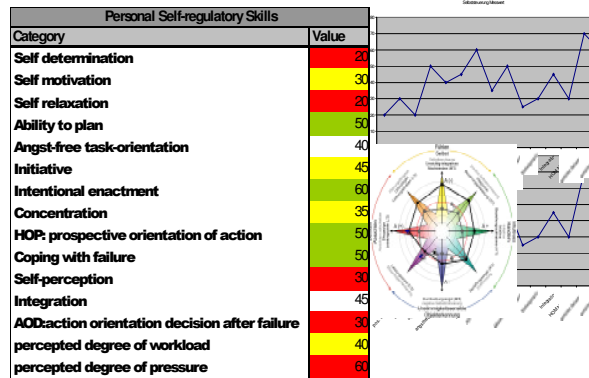
## Potential-Check-Up- scientifically proved – conducted by specialists

Self-management competences contain self-motivation-skills, self-regulatory-skills, self-control, volitional competences, self-access and more. Trained counsellors can find the client's pivotal points for change and find appropriate measures to achieve this change.

### General structure of a potential-check-up

1. Initial consultations  
Confiding dialog about your topics, requests. Pre selection of the relevant tests.
2. Conducting online tests (ca. 30-120 min)  
The tests can be easily done at home via internet. On request the test can be performed in our office.
3. Evaluation of the tests (1-3 working days)  
According to the chosen tests the scientific evaluation takes 1-3 working days
4. Explaining the result and deriving of an individual action plan for reaching your goals
  - a) Explaining the test results and connect them to your initial request and questions
  - b) Specific possibilities for improvement are discussed to make the clients capable of mastering their personal challenges.
  - c) A individual action plan is derived and agreed on.
  - d) Additional coaching sessions for reviews are possible .

## Our Potential-Check-Up Offering



### Bronze Package

Number of bought Check-Ups: 0-4  
price by arrangement

### Silver Paket

Number of bought Check-Ups: 5-11  
price by arrangement

### Gold Package

Number of bought Check-Ups: 11-20  
price by arrangement

### Platin Package

Number of bought Check-Ups: more than 20  
price by arrangement

***The way to gain a good reputation is  
to endeavour to be what you  
desire to appear“  
Socrates***

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